

# **Curriculum Vitae**

of

**Baljit Dheansa**

**Consultant Burns & Plastic Surgeon**

**Queen Victoria Hospital**

**Royal Sussex County Hospital**

**Tunbridge Wells Hospital**

**McIndoe Surgical Centre**

**Spire Gatwick Park**

## Summary

I am a Consultant Burns & Plastic Surgeon with my NHS practise based at Queen Victoria Hospital, East Grinstead while my private practice is based at McIndoe Surgical Centre and Spire Gatwick Park. I am on the GMC specialist register for Plastic Surgery and hold the FRCS (Plast) qualification. I was lead surgeon for the burns service for 14 years. I also provide plastic surgery services to the major trauma centre at Brighton & Sussex University Hospitals and the trauma unit at Tunbridge Wells Hospital.

The scope of my practice covers acute burns, burns reconstruction, skin malignancy, breast surgery including reconstruction, leg trauma, general soft tissue trauma, vascular anomalies, reconstructive surgery, scarring and all aspects of aesthetic surgery. I also provide medical reports covering those fields within the scope of my practice.

I have a higher degree in surgical science with research in the rapidly expanding field of tissue engineering. My current research is within the field of burns and wound healing. My interest in research extends to research management through my involvement with BAPRAS, the Scar Free Foundation, the Scar Alliance and Queen Victoria Hospital while my involvement in teaching and supporting medical student research has been recognised through the award of honorary Senior Lecturer status at Brighton & Sussex Medical School.

I have a subspecialty interest in acute burns and burns reconstruction, working in a team of four consultants appointed to the McIndoe Burns Centre, Queen Victoria Hospital, the regional tertiary referral centre for burn injury.

I have been a member of the South East Burns Operational Delivery Network, a founding member of the BAPRAS Innovation group, completed 6 years as BAPRAS representative for the Scar Free Foundation Research Council and an examiner for the FRCS(Plast) examination. I serve on national committees in my fields of expertise. I am a member of BAPRAS, BBA and EBA.

## Personal Details

**Name:** Baljit Singh DHEANSA

**Correspondence address:** McIndoe Surgical Centre  
Holtye Road  
East Grinstead  
West Sussex  
RH19 3EB

**Secretary telephone:** 01342 330383

**e-mail:** [enquiry@my-plastic-surgeon.co.uk](mailto:enquiry@my-plastic-surgeon.co.uk)

**Date of birth:** 28<sup>th</sup> April 1968

**Place of birth:** London, England

**Nationality:** British

**Marital status:** Married

**GMC No.:** 3482876

**PRASIS Medical Insurance:** 2011/032

**Membership of:** British Medical Association  
Royal College of Surgeons of  
England  
British Association of Plastic,  
Reconstructive & Aesthetic Surgeons  
British Burn Association  
European Burn Association

## Education & Training

<b>School:</b>	Latymer Upper School
<b>Medical School:</b>	King's College School of Medicine & Dentistry
<b>Basic Surgical Rotation:</b>	Medway Hospital
<b>Plastic Surgery Training:</b>	Pan Thames Plastic Surgery Training Scheme
<b>Sub-Specialty Training:</b>	St Andrew's Centre for Burns & Plastic Surgery

## Qualifications

<b>MB BS</b>	King's College School of Medicine & Dentistry	July 1990
<b>FRCS</b>	Royal College of Surgeons of England	November 1994
<b>MSc (Distinction)</b>	University College, London	September 1998
<b>FRCS (Plast)</b>	Royal College of Surgeons of England	September 2002

# Appointments & Responsibilities

## CLINICAL

Consultant, Burns & Plastic Surgery	Queen Victoria Hospital	December 2003
Lead Surgeon McIndoe Burns Centre	Queen Victoria Hospital	January 2004 - 2018
Clinical Director Trauma & Burns	Queen Victoria Hospital	September 2008 - 2009
Clinical Risk Lead for Burns	Queen Victoria Hospital	January 2004 - 2009
Member McIndoe Burns Support Group	Queen Victoria Hospital	March 2004 - 2011
Chairman SE Burns Group (clinical)	South East Burns Network	March 2005 - 2007
Consultant, Burns & Plastic Surgery	Brighton & Sussex University Hospitals	March 2011
Consultant, Burns & Plastic Surgery	Tunbridge Wells Hospital	February 2018
Consultant Plastic Surgeon	McIndoe Surgical Centre	February 2004
Consultant Plastic Surgeon	Spire Gatwick Park	February 2004
Consultant Plastic Surgeon	Spire Tunbridge Wells	August 2004 - 2012
Consultant Plastic Surgeon	Centre for Health	January 2013 - 2016
Medical Reports/Expert Medical Witness		April 2004
Member Medical Advisory Committee	Spire Gatwick Park	May 2008
Provider of Burns support FiA Brands Hatch	Queen Victoria Hospital	August 2009 - 2018
Clinical Reviewer	Spire Hospitals	December 2021 - March 2022

## MANAGERIAL

Rota Consultant	Queen Victoria Hospital	April 2004 - 2008
Choose & Book Committee	Queen Victoria Hospital	November 2006 - 2009
Theatre Users Committee	Queen Victoria Hospital	November 2006 - 2008

<b>Eye &amp; Tissue Bank Committee</b>	<b>Queen Victoria Hospital</b>	<b>November 2006 -2012</b>
<b>Member SE Burns Network</b>	<b>South East Burns Network</b>	<b>March 2004 - 2013</b>
<b>Member SE Burns ODN</b>	<b>South East Region</b>	<b>September 2013</b>
<b>Deputy Chair SE Burns ODN</b>	<b>South East Region</b>	<b>April 2015-March 2016</b>
<b>Chair SE Burns ODN</b>	<b>South East Region</b>	<b>April 2016 - March 2017</b>
<b>BBA conference organising committee for 43<sup>rd</sup> meeting 2010</b>	<b>Queen Victoria Hospital</b>	<b>April 2009-2010</b>
<b>Member Clinical Expert Panel South East Burns Review</b>	<b>South East Burns Network</b>	<b>January 2011</b>
<b>Member National Clinical Reference Group for Burns</b>	<b>Department of Health</b>	<b>January 2012 - October 2016</b>
<b>Member of ODN Oversight Group</b>	<b>South East Coast</b>	<b>September 2013 - July 2016</b>
<b>Member of South East Trauma Providers Network</b>	<b>South East Coast</b>	<b>July 2016</b>
<b>Member National Burns ODN</b>	<b>National Burns Network</b>	<b>April 2016 - March 2017</b>
<b>Trustee Acid Survivors Trust International</b>	<b>ASTI</b>	<b>July 2013 - January 2015</b>
<b>Member South West London Burns Cluster Group</b>	<b>South East Burns ODN</b>	<b>January 2014 - March 2015</b>
<b>Member South East London Kent &amp; Medway (SELKAM) Trauma Group</b>	<b>SELKAM</b>	<b>October 2013</b>
<b>Founding Member BAPRAS Innovation Group</b>	<b>BAPRAS</b>	<b>November 2014 - January 2019</b>
<b>Burns Lead Burns &amp; Major Trauma Steering Group</b>	<b>Queen Victoria Hospital Brighton Hospitals</b>	<b>June 2015</b>
<b>Clinical advisor for CareTracker patient app</b>		<b>March 2016</b>
<b>Member National Burns Major Disaster Task &amp; Finish Group</b>	<b>National Burns Network</b>	<b>February 2017</b>
<b>Member Burns SIG BAPRAS</b>	<b>BAPRAS</b>	<b>March 2019</b>
<b>Member TENS/SJS procurement team</b>	<b>NHS England</b>	<b>February 2020</b>
<b>Patron Dan's Fund for Burns</b>	<b>Dan's Fund for Burns</b>	<b>January 2021</b>
<b>Staff Governor</b>	<b>Queen Victoria Hospital</b>	<b>February 2021- July 2023</b>

<b>Member TENS/SJS guideline group</b>	<b>BAD/BAPRAS/BBA</b>	January 2022
<b>Member national burns PREMS group</b>	<b>National Burns Network</b>	February 2021
<b>Member BBA outcomes groups</b>	<b>BBA</b>	April 2023
<b>RESEARCH</b>		
<b>Chairman of Trustees Blond McIndoe Research Foundation</b>	<b>Blond McIndoe Research Foundation</b>	February 2009 - November 2014
<b>Injuries &amp; Accidents Representative</b>	<b>Surrey &amp; Sussex CLRN</b>	February 2009-2013
<b>Honorary Senior Lecturer</b>	<b>Brighton &amp; Sussex Medical School</b>	July 2012
<b>Member Scientific Advisory Group Blond-McIndoe</b>	<b>Blond-McIndoe Research Foundation</b>	January 2008 - January 2017
<b>Trustee Blond McIndoe Research Foundation</b>	<b>Blond McIndoe Research Foundation</b>	July 2005 - November 2014
<b>Member Research Advisory Committee RAFT</b>	<b>RAFT</b>	June 2008 - June 2014
<b>Clinical co-ordinator Blond McIndoe</b>	<b>Queen Victoria Hospital</b>	January 2004 - January 2017
<b>Member Research &amp; Development Committee</b>	<b>Queen Victoria Hospital</b>	September 2006
<b>Member Research &amp; Education Strategy Committee</b>	<b>Queen Victoria Hospital</b>	September 2008 - July 2013
<b>Reviewer for JPRAS</b>		February 2006
<b>Reviewer for Journal of Wound Care</b>		June 2008
<b>Reviewer for Paediatric Infectious Diseases Journal</b>		October 2011
<b>Reviewer Journal of the Royal Army Medical Corps</b>		March 2015
<b>Reviewer Burns Journal</b>		March 2015
<b>Reviewer British Medical Journal</b>		March 2015
<b>Reviewer Annals of the Royal College of Surgeons</b>		October 2017
<b>Reviewer BMJ Open</b>		May 2020
<b>Reviewer Trauma</b>		November 2020

May 2023

Reviewer British Journal of Surgery		January 2022
Member Research Committee British Burns Association	British Burns Association	April 2011
Reviewer for British Burns Association research projects	British Burns Association	March 2015
Member Research Panel Children's Burns Foundation	Children's Burns Foundation	August 2011
Chief Investigator SPARKS funded project	Blond-McIndoe Research Foundation & Queen Victoria Hospital	October 2011- March 2017
Chief Investigator Scar Study	Queen Victoria Hospital	January 2016
Chief Investigator Nexobrid in Children Study	Queen Victoria Hospital (multi centre)	March 2016 - June 2017
Principle Investigator PEGASUS study	Queen Victoria Hospital (multi centre)	January 2015 - February 2017
Clinical Supervisor for Brighton & Sussex Medical School Student Research Projects	Queen Victoria Hospital & Brighton & Sussex Medical School	September 2010
Member BAPRAS Research Group	BAPRAS	October 2012 - October 2016
Project Funding Reviewer BAPRAS	BAPRAS	February 2014
Project Funding Reviewer Royal College of Surgeons of England	RCS	May 2014
Project Reviewer Healing Foundation	Healing Foundation	February 2014
Member Scar Free Foundation Research Council	Scar Free Foundation/BAPRAS	November 2014
Supervisor Scar Free Foundation Student Research Electives	Scar Free Foundation	October 2015
Reviewer NIHR Burns projects	NIHR	August 2015
Reviewer NICE technology	NICE	February 2016
Member Scar Alliance Research Group	University of Birmingham	March 2017
Member Data Monitoring Board NexoBrid trial	Mediound	March 2018
Chief Investigator SmartMatrix Trial	Queen Victoria Hospital (multicentre)	March 2018 - January 2022

May 2023



<b>Member Burn wound infection consensus group</b>	<b>University of Bristol</b>	<b>June 2018</b>
<b>Member Nexobrid consensus group</b>	<b>Frankfurt</b>	<b>March 2019</b>
<b>Chair of Steering Committee EL4BS trial</b>	<b>Bristol</b>	<b>August 2021</b>
<b>Member Global Burns Research Priorities Steering Group</b>	<b>Bristol</b>	<b>October 2021</b>

#### **TEACHING & TRAINING**

<b>Organising group member for Flap Course in Breast and Trunk Reconstruction</b>	<b>St George's Hospital</b>	<b>May 1999</b>
<b>Educational Supervisor/Mentor</b>	<b>Queen Victoria Hospital</b>	<b>January 2004</b>
<b>Mentor Co-ordinator</b>	<b>Queen Victoria Hospital</b>	<b>June 2004 - 2008</b>
<b>Junior Doctor Recruitment</b>	<b>Queen Victoria Hospital</b>	<b>April 2004</b>
<b>Regional Burns Teacher</b>	<b>Queen Victoria Hospital</b>	<b>January 2004</b>
<b>Consultant supervisor for medical student electives</b>	<b>Queen Victoria Hospital</b>	<b>January 2005</b>
<b>Member Local Faculty Group</b>	<b>Queen Victoria Hospital</b>	<b>June 2008</b>
<b>Invited Lecturer on Burns</b>	<b>Stoke Mandeville Burns Course</b>	<b>November 2007</b>
<b>Invited Lecturer Nasal Reconstruction</b>	<b>Queen Victoria Hospital (Pan Thames Day)</b>	<b>June 2015</b>
<b>Invited Lecturer Clinical Reconstruction</b>	<b>Brighton Regenerative Medicine Conference</b>	<b>July 2015</b>
<b>Assigned Educational Supervisor for Plastic Surgery Trainees</b>	<b>Queen Victoria Hospital</b>	<b>January 2009</b>
<b>Student Selected Component Supervisor</b>	<b>Brighton &amp; Sussex Medical School</b>	<b>June 2010</b>
<b>Individual Research Project Supervisor</b>	<b>Brighton &amp; Sussex Medical School</b>	<b>October 2010</b>
<b>Examiner FRCS(Plast)</b>	<b>Intercollegiate Specialty Board</b>	<b>March 2011</b>
<b>FRCS(Plast) oral questions lead for Burns &amp; Trauma</b>	<b>Intercollegiate Specialty Board</b>	<b>April 2015</b>
<b>Burns component teacher for dermatology attachment</b>	<b>Brighton &amp; Sussex Medical School</b>	<b>October 2011</b>

Honorary MSc. Supervisor	University of Edinburgh	October 2011
PhD Supervisor SPARKS Project	Queen Victoria Hospital	October 2011 - June 2020
Kent, Surrey & Sussex Deanery representative for Trauma training in plastic surgery	Kent, Surrey & Sussex Deanery	February 2012 - June 2014
Invited specialist reviewer for Emergency Medicine book chapters	Oxford University Press	February 2012 - November 2016
Supervisor for eLPRAS modules on burns and burns outcomes	BAPRAS	November 2015 - February 2017
Faculty member BAPRAS advanced course on Burns	Manchester	March 2015
Invited speaker on burns and cosmetic surgery	Doctors Updates	January 2014 -2020
Invited Speaker on Burns	Brighton Trauma Conference	May 2016
Invited speaker on MSc Burns - evidence & timing of surgery	Barts & London Medical School	June 2016
Invited speaker on leg wounds and infection	Maidstone, WIRE Conference	October 2016
Invited speaker on burns	MA Healthcare	February 2018
Invited speaker on burns	Royal Free Hospital	March 2018
MSc supervisor	Barts & London Medical School	October 2013
MSc examiner	Barts & London Medical School	June 2017
Year 1 Medical Student Co-ordinator BSMS	Queen Victoria Hospital	October 2017 - 19
Invited speaker on burns	PLASTA	September 2020
Member FRCS(Plast) exam board	Intercollegiate Specialty Board	October 2020
Reviewer for BurnsPlastics App	BurnsPlastics App	November 2020
Lead for Oral Question Group FRCS (Plast)	Intercollegiate Specialty Board	January 2021
Lecturer on QVH Nurses Plastic Surgery Course	Queen Victoria Hospital	March 2021
Invited speaker on Body Dysmorphic Disorder	KCL Medical School	March 2021

Invited speaker on History of Plastic Surgery	Imperial Medical School	April 2021
Invited speaker on Principles of Plastic Surgery	Kent, Surrey & Sussex Deanery	April 2021
Invited speaker on Burns Reconstruction	Cambridge Medical School	April 2021
Invited speaker on Plastic Surgery & Social Media	Barts & London Medical School	May 2021
Panel member on Skin Substitute Masterclass	Journal of Wound Care	April 2021
Invited speaker on Burns Reconstruction	Imperial Medical School Plastic surgery Society	January 2022
Invited speaker on advances in Burns	East Grinstead Museum	January 2022
Invited speaker on Burns	Canterbury & Christchurch University	June 2022
Invited speaker on Nexobrid	University of East Anglia	May 2022
Invited speaker on psychological aspects of plastic surgery	Royal Society of Medicine GP section	September 2022
Invited speaker on Burns as a career	KCL PRASS	April 2023

## Courses & Conferences

FRCS course	St. Thomas' Hospital	April 1994
Microsurgery Workshop	Northwick Park Hospital	March 1996
Flaps in Head and Neck Reconstruction	St. George's Hospital	April 1996
Advanced Course in Plastic Surgery 6:2 Hand & Nerve	Northern General Hospital	April 1997
Flaps in Breast and Trunk Reconstruction	St. George's Hospital	June 1999
Canniesburn Flap Course	Canniesburn Hospital	October 2000
Radiation Protection & Theory for Clinicians	Queen Victoria Hospital	October 2001
Emergency Management of Severe Burns	Queen Victoria Hospital	June 2002
Canniesburn FRCS Course	Canniesburn Hospital	July 2002
Appraisal for Senior Medical Staff	Broomfield Hospital	June 2003
Workplace assessment for educational supervisors	Broomfield Hospital	September 2003
Train the Trainers	Broomfield Hospital	September 2003
Emergency Planning	Queen Victoria Hospital	July 2004
Advanced Breast Course	Birmingham	November 2004
Body Dysmorphic Disorder	Queen Victoria Hospital	December 2004
Clinical Research Trials	Queen Victoria Hospital	January 2005
Certificate in Teaching	KSS Deanery	May 2005
Equality & Diversity	Queen Victoria Hospital	October 2005
Appraisal for Appraisers	Queen Victoria Hospital	February 2006

Tissue sealants	Vienna	May 2006
Medico-legal Report writing	London	September 2006
Conflict Resolution	Queen Victoria Hospital	April 2007
Schizophrenia for clinicians	Queen Victoria Hospital	May 2007
Management Masterclass	London	November 2007
QESP2, Certificate in Teaching/Assessment	London	April 2007
Dermal Substitutes	Vienna	May 2008
Keele Leadership Course	Keele	October 2008
Fit to Lead Course	SECSHA	April 2009
Plastic Surgery Update	Val d'Isere	February 2010
Plastic Surgery Update	Val d'Isere	February 2011
Leadership Education Accreditation Programme	KSS Deanery, London	March 2011
Effective Leadership	Queen Victoria Hospital	May 2011
FRCS(Plast) Examiner Training Course	Edinburgh	January 2012
Plastic Surgery Update	Val d'Isere	February 2012
Problem Solving	Queen Victoria Hospital	March 2012
Good Clinical Practice Refresher	Maidstone Hospital	March 2012
Plastic Surgery Update	Val d'Isere	January 2013
Plastic & Reconstructive Surgery Services	Birmingham	September 2013
Melanoma Focus	London	October 2013
CCR Expo	London	October 2013
Leadership Educational Assessment Programme	Queen Victoria Hospital	November 2013
Plastic Surgery Update	Val d'Isere	February 2014

ICH-GCP training update	Queen Victoria Hospital	November 2014
BAPRAS Advanced course on Burns	Manchester	March 2015
Nexobrid Investigators Update	Frankfurt	February 2016
Human Factors Course	Queen Victoria Hospital	May 2016
BAPRAS Advanced course on Vascular Anomalies and Lymphoedema	Manchester	October 2016
Plastic Surgery Update	Val d'Isere	January 2017
Educational Supervisor Update	Queen Victoria Hospital	March 2017
Plastic Surgery Update	Val d'Isere	January 2018
Dermoscopy for skin cancer diagnosis	Hampshire	March 2018
Good Clinical Practice Refresher	e-learning	April 2018
IRMER training	Queen Victoria Hospital	June 2018
Plastic Surgery Update	Val d'Isere	January 2019
National Burns Incident Response Team training	Wolverhampton	September 2019
Plastic Surgery Update	Val d'Isere	January 2020
Medical Report Writing Workshop	Online	May 2020
Webinars on ALCL, Liposuction, Facelift, Lower limb trauma, rhinoplasty, flaps in head and neck, paediatric burns reconstruction, ptosis, paediatric plastic surgery, tendon repair/rehab, acute burns care, burns reconstruction	Online (multiple)	May - Oct 2020

<b>Spincare Webinar</b>	<b>Online</b>	<b>February 2021</b>
<b>Cosmetic Surgery Certification Scheme</b>	<b>Royal College of Surgeons</b>	<b>April 2023</b>
<b>I regularly attend BAPRAS and BBA meetings</b>		
<b>Mandatory Training</b>	<b>Queen Victoria Hospital</b>	<b>Up to date</b>

# Research

## MSc in Surgical Science

My research project was aimed at evaluating the influence of extracellular matrix templates on angiogenesis. It was based in the Phoenix Tissue Research Unit, University College London. I evaluated the way endothelial cells migrate to, and over, pre-formed fibronectin cables. The premise of my work was that the angiogenic process, a process that plays a major role in cancer invasion, wound healing and inflammatory arthritis could be manipulated by solid cues as well as the well known soluble growth factors to engineer tissues or structures in vitro. My project has shown that fibronectin cables can guide endothelial cells along a predetermined pattern in vitro and therefore have the possibility of forming vessels in vitro. Fibronectin has the advantage of being biodegradable, can incorporate growth factors and influences many cell lines. Further work in my project showed that fibroblasts can be used to generate collagenous layers round the fibronectin cables which would allow for multiple layers of cells being influenced by the cable.

Evaluation of my thesis, project viva and exam results resulted in the award of the degree of MSc in Surgical Science with Distinction.

## Queen Victoria Hospital

I have been involved in several projects based in the Blond McIndoe Research Centre. These were based on cell culture and wound healing. These included evaluation of micro carrier beads for keratinocyte transfer, co-culture of keratinocytes with fibroblasts, the effects of pH on cell culture/wound healing and the development of soft tissue templates to use as skin replacements or soft tissue fillers. I was awarded a £200 000 grant from the SPARKS charity to further investigate keratinocyte culture on microbeads.

I am the Chief Investigator for a study on scar tissue at the Queen Victoria Hospital which hopes to collect pilot data and processes for developing a scar bank. Our initial work will look at the TGF superfamily and scar ultrastructure. Funding of over £65 000 has so far been given to this project. This scar study which will potentially lead to the formation of a national scar tissue bank. Working with the Scar Alliance an application has been made to the Wellcome Trust for 5 years of funding for a national scar bank. I am also the Chief Investigator for a multicentre study looking at a newly developed skin replacement.

Further projects in the field of burns looking at donor site healing and comparing mesh with sheet skin graft and antibiotic metabolism in major burns have now concluded while several poster presentations have been exhibited at national and international meetings. I have been involved in several commercial trials looking at donor site healing, burn debridement, fluid resuscitation and scarring. Recent and current commercial projects include assessment of an enzymatic debriding agent, a silver based dressing and a dermal replacement. My research experience is utilised as Chair of the Steering Committee for a LASER study as well as membership of the data monitoring board of an international multicentre study.

I have also developed collaborations with burns researchers in Bristol and Birmingham. We are now involved in multi-centre projects with them and hope to continue developing our links. Current and past projects include global priorities in burns research, outcomes in burns, assessment of pressure garments, burns metabolism, PROMs and low friction sheets to reduce skin graft loss. I am currently a member of an expert group developing a consensus definition for burn wound infection.

A major project looking at return to work after burns injury was published in 2009. It was voted one of the top 5 papers of the year by the Burns Journal. Further work in this field



looked at psychosocial impact of burn injury on children and their families which has also been published.

I was Chairman of the Blond McIndoe Research Foundation and worked to co-ordinate activity between it, University of Brighton and the Trust. I am a member of the Trust Research & Development committee. I have also been a member of the Research Advisory Committee for RAFT (Restoration of Appearance & Function Trust) and Injuries & Accidents representative for the Surrey & Sussex CLRN. Through this latter role I have helped develop the new structure of the research committee of the British Burns Association with key members of the burns community.

I continue to encourage research as part of plastic surgery training and engage trainees as much as possible in developing research projects to further the evidence base of what we do.

My roles on the BAPRAS, Scar Free Foundation and BBA research committees mean that I have had and continue to have a direct influence on developing research strategy in the field of plastic surgery in the UK.

## Publications

- **PIGMENTED LYMPH NODES - BEWARE**  
B.S. Dheansa, B.W.E.M. Powell  
British Journal of Plastic Surgery volume 50 (7) pages 563-564 October 1997
- **MEDIAN NERVE CONTUSION DURING ENDOSCOPIC CARPAL TUNNEL RELEASE**  
B.S. Dheansa, H.J.C.R. Belcher  
Journal of Hand Surgery (British & European volume) volume 23B (1) February 1998
- **LYMPHATIC MAPPING AND SENTINEL LYMPH NODE BIOPSY IN PATIENTS WITH MELANOMA OF THE LOWER EXTREMITYS**  
Hettiaratchy, B.S. Dheansa, B.W.E.M. Powell  
Plastic and Reconstructive Surgery volume 106 (3) pages 734-735 September 2000
- **AN EASY METHOD OF PREPARING HANDS FOR SURGERY**  
V. Rose, D.M. Moloney, B.S. Dheansa  
British Journal of Plastic Surgery volume 54 (7) pages 650-651 October 2001
- **HAIR TYING AS A METHOD OF SCALP WOUND CLOSURE**  
B.S. Dheansa, S Overstall  
Annals of the Royal College of Surgeons volume 84 (2) pages 127-128 March 2002
- **THE MARSHALL TECHNIQUE: AN ECONOMIC ONE -STAGE TECHNIQUE FOR NIPPLE AREOLAR RECONSTRUCTION**  
J.M. Skillman, O. Ahmed, B. Dheansa, A.R. Rowsell  
British Journal of Plastic Surgery volume 55 pages 504-506 September 2002
- **BASAL CELL CARCINOMA ARISING IN A SPLIT SKIN GRAFT**  
V Karri, B Dheansa, T Moss  
British Journal of Plastic Surgery volume 58 pages 276-7 March 2005
- **DONOR SITE STORAGE FOR SPLIT SKIN GRAFTS**  
S P Mackey, C C Ekwobi, B S Dheansa, P M Gilbert  
British Journal of Plastic Surgery volume 58 page 275 March 2005
- **SCRUBBING BRUSH DECONTAMINATION - CEMENT BURN TREATMENT**  
S P Mackey, B S Dheansa  
Burns volume 31 page 236 March 2005
- **THE USE OF NEW MEDICAL TECHNOLOGIES WITHIN THE NHS**  
B Dheansa, J Bergman, T Balk  
House of Commons Health Committee, Fifth Report of the Session Vol 1 page 9 2004-05
- **TATTOOS MASQUERADING AS FULL THICKNESS BURNS: LIMITATIONS OF LASER DOPPLER BURNS ASSESSMENT**  
S Lo, M Grob, P Gilbert, B Dheansa  
Plastic and Reconstructive Surgery volume 117 pages 716-7 March 2006
- **CAUTION NOTE ON THE USE OF INTERNAL MAMMARY ARTERY IN BREAST RECONSTRUCTION**  
S Al-Benna, B S Dheansa, J A Pereira

Plastic and Reconstructive Surgery volume 117 pages 1653-4 April 2006

- **BULLOUS PEMPHIGOID MISTAKEN FOR A BURN**  
D G Morrirt, A Pabari, P M Gilbert, B S Dheansa  
Journal of Burn Care Research volume 27 pages 548-51 July/August 2006
- **SCALDING FROM A HOT WATER SUPPLY: ARE WE AT RISK IN THE WORK PLACE?**  
R Taghizadeh, S P Booth, B S Dheansa, P M Gilbert  
Burns volume 32 page 792 September 2006
- **THE USE OF LASER DOPPLER IMAGING FOR BURN DEPTH ASSESSMENT AFTER APPLICATION OF FLAMMACERIUM**  
D Ng, S Tay, S Booth, P M Gilbert, B S Dheansa  
Burns volume 33 pages 396- 7 May 2007
- **ADVERSE EFFECTS OF OVER THE COUNTER CRYOTHERAPY**  
K Ramsey, C Ragan, B Dheansa  
Burns volume 33 pages 533-4 Jun 2007
- **BASAL CELL CARCINOMA CONCEALED BY A BURN WOUND**  
D Ng, P M Gilbert, B S Dheansa  
Burns volume 33 pages 935-6 Nov 2007
- **GATHERING FOLLOW-UP INFORMATION ON PEOPLE WITH BURNS-NOT AS EASY AS IT SEEMS**  
McKeown DJ, Mackey SM, Dheansa BS  
Burns volume 34(6) page 898 Sep 2008
- **THE MANAGEMENT OF MAJOR BURNS - A SURGICAL PERSPECTIVE**  
Graham Lawton, Baljit Dheansa  
Current Anaesthesia & Critical Care volume 19(5-6) pages 275-281 Oct-Dec 2008
- **PARKLAND FORMULA CALCULATOR**  
O'Connor EJ, Booth SP, Dheansa BS, Gilbert PM  
Burns volume 34(7) pages 1055-6 Nov 2008
- **RESPONSE TO RAO AND MENEZES 'SCRUBBING BRUSH DECONTAMINATION-CEMENT BURN TREATMENT'**  
Dheansa BS, Mackey SP  
Burns volume 35(2) page 309 March 2009
- **RESUSCITATION TABLES: A USEFUL TOOL IN CALCULATING PRE-BURNS UNIT FLUID REQUIREMENTS**  
Lindford AJ, Lim P, Klass B, Mackey S, Dheansa BS, Gilbert PM  
Emergency Medical Journal volume 26(4) pages 245-249 April 2009
- **RETURN TO WORK AFTER BURNS: A QUALITATIVE RESEARCH STUDY (VOTED TOP 5 PAPER IN BURNS 2009)**  
Mackey SP, Diba R, McKeown D, Wallace C, Booth S, Gilbert PM, Dheansa BS  
Burns volume 35(3) pages 338-342 May 2009
- **THE MANAGEMENT OF EYELID BURNS**  
Malhotra R, Sheikh I, Dheansa B

Survey of Ophthalmology volume 54(3) Pages 356-371 May -June 2009

- **SCAR MASSAGE THERAPY: A NEW TECHNIQUE**  
Hallam MJ, Shirley R, Dheansa B, Coker O  
Journal of Wound Care volume 18(6) page 258 June 2009
- **CORRECTION OF POSTBURN SUPERIOR POLE BREAST DEFORMITY AND MACROMASTIA-A NOVEL APPROACH**  
Hunter JE, Gilbert PM, Dheansa BS  
Burns volume 35(5) pages 746-749 Aug 2009
- **THE ASSOCIATION BETWEEN ALCOHOL MISUSE AND HAND TRAUMA**  
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- **CASE REPORT: FULL THICKNESS BURNS FROM INTENSE PULSED LIGHT HAIR REMOVAL**  
Finlayson HW, Kim WA, Dheansa B  
Burns Open. 2023 Feb 18
- **BEST PRACTICE FOR WOUND REPAIR AND REGENERATION USE OF CELLULAR, ACELLULAR**

**AND MATRIX-LIKE PRODUCTS (CAMPS)**

Stephanie Wu, Marissa Carter, Windy Cole, Roselle Crombie, Daniel L. Kapp, Paul Kim, Catherine Milne, Joseph Molnar, Jeffrey Niezgoda, Kevin Woo, David Zabel, Rose Hamm, David Armstrong, Alan J Bock, Baljit Dheansa, Vickie Driver, Paul Glat, John Lantis II, Lydia Masako Ferreira, Mark Melin, Keyur Patel, Elia Ricci, Richard Simman, John Steinberg, William Tettelbach, and Dot Weir  
Journal of Wound Care 2023 32:Sup4b, S1-S31

**RAPIDLY EVOLVING GANGRENOUS VASCULITIS IN A CRITICALLY ILL PATIENT WITH ULCERATIVE COLITIS: A CASE REPORT**

Oloruntobi Rotimi, Tamas Sollei, Baljit Dheansa, David Thomson, Nicola White, and Caris E Grimes  
Journal of Wound Care 2023 32:5, 280-283

## Presentations

- **APLASIA CUTIS CONGENITA - AN UNUSUAL PRESENTATION**  
Presented at the Royal Society of Medicine, November 1995
- **AN UNUSUAL NECK LUMP**  
Presented at the South West Thames Plastic Surgery Meeting, March 1996
- **PIGMENTED AXILLARY LYMPH NODES**  
Presented at the Royal Society of Medicine, April 1996 (prize winner)
- **ENDOTHELIAL CELL INTERACTION WITH FIBRONECTIN CABLES**  
Presented at the Pearce-Gould Lectures, Middlesex Hospital, March 1998
- **TWO YEAR EXPERIENCE OF SENTINEL NODE BIOPSY IN 150 CONSECUTIVE CASES OF MELANOMA**  
Presented at the BAPS Winter Meeting, Royal College of Surgeons, December 1999
- **EXPERIENCE OF SENTINEL NODE BIOPSY IN 150 CASES OF MELANOMA**  
Presented at the Melanoma Study Group Meeting, Cambridge, January 2000
- **SENTINEL NODE BIOPSY FOR HEAD AND NECK MELANOMA**  
Presented at the BAHNO annual meeting, London, April 2000
- **PAEDIATRIC BURN CARE PATHWAY**  
Presented to CHI Inspectors at Queen Victoria Hospital, October 2002
- **THE USE OF SPRAYED EX-VIVO AUTOLOGOUS KERATINOCYTES IN COMBINATION WITH MESHED AUTOGRAFTS TO HEAL FULL THICKNESS BURNS**  
Poster presentation at the BBA annual meeting, Edinburgh, April 2003
- **THE USE OF SPRAYED CULTURED AUTOLOGOUS KERATINOCYTES IN COMBINATION WITH MESHED AUTOGRAFTS TO HEAL FULL THICKNESS BURN INJURIES**  
Poster presentation at EBA annual meeting, Bergen, Norway, September 2003
- **TATTOOS MIMICKING FULL THICKNESS BURNS ON ASSESSMENT BY LASER DOPPLER IMAGING**  
Poster presentation at the BBA annual meeting, York, April 2005
- **MANAGEMENT OF PARTIAL THICKNESS FACIAL BURNS WITH A SILVER ENHANCED HYDROFIBRE: AN EVALUATION OF AQUACEL AG IN FACIAL BURNS**  
Poster presentation at the BBA annual meeting, York, April 2005
- **TRADITIONAL CHINESE MEDICINE: A BURNING CURE?**  
Poster presentation at the BBA annual meeting, York, April 2005
- **PHARMACOKINETICS OF MEROPENEM IN PATIENTS WITH SEVERE BURNS**  
Poster presentation at the BBA annual meeting, York, April 2005
- **MESHED AUTOGRAFTS IN COMBINATION WITH SPRAYED CULTURED AUTOLOGOUS KERATINOCYTES TO TREAT LARGE BURNS**  
Presented at the BAPS Summer meeting, Eton, July 2005
- **MESHED AUTOGRAFTS IN COMBINATION WITH SPRAYED CULTURED AUTOLOGOUS**

**KERATINOCYTES TO TREAT LARGE BURNS**

Presented at the RCS Edinburgh Congress, July 2005

- **THE USE OF VERSAJET HYDROSURGERY SYSTEM TO TREAT RHINOPHYMA - A SERIES OF FOUR PATIENTS**  
Presented at the BAPS Winter meeting, London, December 2005
- **PRE-OPERATIVE LOCALISATION OF DIGITAL VESSELS IN DUPUYTREN'S CONTRACTURE**  
Presented at the BAPS Summer meeting, Sheffield, July 2006
- **PYODERMA GANGRENOSUM: A DIFFICULT DIAGNOSIS TO MAKE**  
Presented at the BAPS Summer meeting, Sheffield, July 2006
- **RESUSCITATION TABLES: A USEFUL TOOL IN CALCULATING PRE-BURNS UNIT FLUID REQUIREMENTS**  
Presented at BBA Burns Meeting Dublin April 2006- Poster - 1st prize  
'East Meets West', Conjoint Scientific Congress, Hong Kong. RCSEd & CSHK; 10-13th October 2006  
BAPRAS Winter Meeting, London as a poster. 6-8th December 2006
- **A BETTER WAY TO ORGANISE BURNS CARE IN THE 21<sup>ST</sup> CENTURY**  
Presented at 55<sup>th</sup> National Congress of the Italian Society of Plastic, Reconstructive and Aesthetic Surgery, Rimini, September 2006
- **THE USE OF LASER DOPPLER IMAGING FOR BURN DEPTH ASSESSMENT AFTER APPLICATION OF FLAMMACERIUM**  
Presented at BAPRAS Winter Meeting, London as poster. 6-8th December 2006
- **MAINTAINING IMPROVEMENTS AND HIGHLIGHTING PROBLEMS: A FURTHER AUDIT OF THE EAST GRINSTEAD TRANSFER PROFORMA**  
British Burn Association, Swansea, April 2007, European Burn Meeting Budapest, September 2007, British Trauma Society, Nottingham, Oct 2007
- **SCAR OUTCOMES AFTER THE APPLICATION OF BIOLOGICAL DRESSINGS: RESULTS OF A RANDOMISED CONTROLLED STUDY INTO SCALD HEALING IN CHILDREN**  
Presented at European Burn Meeting Budapest September 2007
- **A SURVEY OF LASER DOPPLER IMAGING IN UK BURNS UNITS**  
Presented at British Burns Association meeting, Bristol, April 2008 as a poster
- **RETURN TO WORK AFTER BURNS**  
Presented at British Burns Association meeting, Bristol, April 2008 as a poster
- **RESUSCITATION TABLES: A USEFUL TOOL IN CALCULATING PRE-BURNS UNIT FLUID REQUIREMENTS**  
Presented at 11<sup>th</sup> Nordic Burns Meeting, Uppsala, May 2008
- **RETURN TO WORK AFTER BURNS - A QUALITATIVE RESEARCH STUDY** Presented at 14<sup>th</sup> Congress of the International Society for Burn Injuries, Montreal, September 2008
- **THE USE OF VERSAJET AND THE LASER DOPPLER IMAGER IN THE OPERATING THEATRE TO DIRECT THE EARLY MANAGEMENT OF PAEDIATRIC BURN INJURY. THE SINGLE PROCEDURE APPROACH**  
Presented at 14<sup>th</sup> Congress of the International Society for Burn Injuries, Montreal,

September 2008

- **SUBTHERAPEUTIC LINEZOLID AND MEROPENEM ANTIBIOTIC CONCENTRATIONS IN A PATIENT WITH SEVERE BURNS AND SEPSIS**  
Presented at European Burns Association Congress, Lausanne, September 2009 as a poster
- **EXPECTATIONS IN HAND TRAUMA**  
Presented at European Society for Plastic, Reconstructive and Aesthetic Surgery conference, Rhodes, September 2009 as a poster
- **HOT WATER SCALDS IN HOSPITAL**  
Presented at Indian Society for Plastic, Reconstructive and Aesthetic Surgery conference, New Delhi, November/December 2009
- **ALCOHOL AND HAND TRAUMA: CAN WE BREAK THE CONNECTION?**  
Presented at Association of Surgeons in Training conference, Kingston-upon-Hull, March 2010 as a poster
- **ALCOHOL AND HAND TRAUMA - AN OPPORTUNITY FOR ALCOHOL MISUSE EDUCATION?**  
Presented at British Trauma Society Annual Scientific Meeting, Manchester, May 2010
- **LASER DOPPLER IMAGING IN SKIN GRAFTS**  
Presented at International Society of Burn Injury Meeting, Edinburgh, September 2012
- **THE ACCURACY OF LASER DOPPLER IMAGING TO PREDICT SCARRING**  
Presented at International Society of Burn Injury Meeting, Edinburgh, September 2012
- **THE EFFECT OF MICROCARRIER DELIVERED KERATINOCYTES AND SINGLE STAGE MATRIDERM ON WOUND REPAIR**  
Presented at International Society of Burn Injury Meeting, Edinburgh, September 2012
- **THE CORRELATION BETWEEN METHOD OF BURN RECONSTRUCTION, HYPERTROPHIC SCARRING AND LASER DOPPLER IMAGING**  
Presented at International Society of Burn Injury Meeting, Edinburgh, September 2012
- **FENTANYL PATCHES AND THE SUN: A DANGEROUS COMBINATION RESULTING IN COMA AND FULL THICKNESS BURNS**  
Presented as a poster at International Society of Burn Injury Meeting, Edinburgh, September 2012
- **UPPER AIRWAY OBSTRUCTION SECONDARY TO SCALDS: MINIMISING RISK**  
Presented as a poster at International Society of Burn Injury Meeting, Edinburgh, September 2012
- **AN ALTERNATIVE TO THE pH METER IN MEASURING BURN WOUNDS pH - A PILOT STUDY**  
Presented as a poster at International Society of Burn Injury Meeting, Edinburgh, September 2012
- **CAN COMPUTER ANALYSIS OF POLARISED LIGHT ACCURATELY PREDICT BURN DEPTH**  
Presented as a poster at International Society of Burn Injury Meeting, Edinburgh, September 2012
- **SPLIT THICKNESS GRAFT FOR BURN WOUNDS: FAILURE RATE AND REASONS FOR**

May 2023



## **FAILURE**

Presented as poster at International Society of Burn Injury Meeting, Edinburgh, September 2012

- **AN IN VIVO STUDY TO DETERMINE THE EFFECT OF MICROCARRIER DELIVERED KERATINOCYTES AND SINGLE STAGE MATRIDERM ON WOUND CONTRACTION AND EPITHELIALISATION**

Presented at European Tissue Repair Society Meeting, Reims, France, October 2013

## **TREATMENT OF TOXIC SHOCK SYNDROME IN PAEDIATRIC BURN INJURY: A SURVEY OF UK BURN CENTRES**

Presented at British Burns Association Conference, Chelmsford, April 2014

## **OUTCOMES IN BURNS: DIFFERENT SPECIALTIES' OPINIONS**

Presented at British Burns Association Conference, Chelmsford, April 2014

## **THE TREATMENT OF OVERGRANULATING WOUNDS - COMPARING THE EFFICACY OF TWO DIFFERENT CREAMS**

Presented as a poster at British Burns Association Conference, Chelmsford, April 2014

## **DIABETIC FOOT BURNS**

Presented as a poster at British Burns Association Conference, Chelmsford, April 2014

## **ANTI-FACTOR 10a IN BURNS: DO BURNS PATIENTS RECEIVE ADEQUATE ANTITHROMBOSIS THERAPY**

Presented at British Burns Association Conference, Chelmsford, April 2014

## **THE EFFECT OF MICROCARRIER DELIVERED KERATINOCYTES AND SINGLE STAGE MATRIDERM ON WOUND CONTRACTION AND EPITHELIALISATION**

Presented at British Burns Association Conference, Chelmsford, April 2014

## **MENTAL HEALTH SUPPORT FOR THE CARE OF BURNS PATIENTS WITH PSYCHIATRIC DISORDERS**

Presented at British Burns Association Conference, Chelmsford, April 2014

## **RETURN TO WORK - SMALL BURNS HAVE ISSUES TOO**

Presented as a poster at British Burns Association Conference, April 2014

## **BEST EVIDENCE IN BURNS CARE: IS OUR BEST GOOD ENOUGH?**

Presented as a poster at British Burns Association Conference, Chelmsford, April 2014

- **NASAL RECONSTRUCTION IN PANFACIAL BURNS: USEFUL TECHNIQUES IN CHALLENGING CASES**

Presented at European Society for Plastic Reconstructive and Aesthetic Surgery Meeting, Edinburgh, July 2014

- **A NEW TECHNIQUE FOR PINNAPLASTY**

Presented at European Society for Plastic Reconstructive and Aesthetic Surgery Meeting, Edinburgh, July 2014

- **AN ANALYSIS OF CASE REPORTS PUBLISHED IN JPRAS**

Presented at European Society for Plastic Reconstructive and Aesthetic Surgery Meeting, Edinburgh, July 2014

- **RECOVERY FOLLOWING FREE FLAP BREAST RECONSTRUCTION: IMPROVEMENT IN OUTCOME OVER A 5 YEAR PERIOD**

Presented at European Society for Plastic Reconstructive and Aesthetic Surgery Meeting, Edinburgh, July 2014

- **SCALDED TODDLERS: CAN WE PREDICT THE UNPREDICTABLE?**  
Presented at BAPRAS Meeting, Bruges, June 2015
- **TEACHING IN UK MEDICAL SCHOOLS: IS IT ENOUGH?**  
Presented at BBA/SARS meeting, Birmingham, January 2016
- **PATHERGY IN PYODERMAGANGRENOSUM: A BURNING DILEMMA**  
Presented at BBA/SARS meeting, Birmingham, January 2016
- **PATTERNS OF INJURY IN RECURRENT NON-SUICIDAL SELF BURN INJURY PATIENTS: ARE THEY SITE SPECIFIC?**  
Presented at BAPRAS meeting, Bristol June 2016
- **IDENTIFICATION OF PATIENT TRAITS TO STRATIFY THOSE AT RISK OF RECURRENT NON-SUICIDAL SELF-BURN INJURIES (prize winner)**  
Presented as a poster at European Burns Association meeting, Birmingham, September 2016
- **FORMATION OF AN IN-VITRO SKIN EQUIVALENT USING PORCINE KERATINOCYTES AND FIBROBLASTS APPLIED TO DERMACELL DECELLULARISED DERMIS**  
Presented at BAPRAS meeting, London, November 2016
- **DEFINING THE SAFE DOSE OF STEROIDS THAT CAN BE ADMINISTERED FOR THE TREATMENT OF HYPERTROPHIC AND KELOID SCARS**  
Presented at British Burns Association Conference, London, May 2017
- **A RETROSPECTIVE STUDY: CAN WE DIFFERENTIATE BETWEEN REPEAT SELF INFLICTED INJURY AND THOSE WITH SELF INFLICTED BURNS AS AN INDIVIDUAL OCCURRENCE**  
Presented as a poster at British Burns Association Conference, London, May 2017
- **ENZYMATIC DEBRIDEMENT IN UK BURNS CARE: OUR EXPERIENCE AT QUEEN VICTORIA HOSPITAL**  
Presented at British Burns Association Conference, London, May 2017
- **A RETROSPECTIVE REVIEW OF ANIMAL AND INSECT BITES IN THE MAXILLOFACIAL REGION**  
Presented as a poster at British Association of Oral & Maxillofacial Surgeons Scientific Meeting, Birmingham, June 2017
- **A NOVEL SMARTPHONE APPLICATION TO TEACH BASIC BURNS SURGICAL PROCEDURES**  
Presented at BAPRAS meeting, Helsinki, June 2017
- **MORTALITY RISK IN ELDERLY PATIENTS WITH BURNS**  
Presented at BAPRAS meeting, London, November 2017
- **SEEDING KERATINOCYTES ON PAPILLARY AND RETICULAR DERMAL LAYERS REMODELS SKIN EXPLANTS DIFFERENTLY: TOWARDS IMPROVED SKIN GRAFTING**  
Presented at BAPRAS meeting, London, November 2017
- **CAN USING SMARTPHONE TECHNOLOGY EMPOWER PATIENTS TO PERFORM WOUND DRESSING?**  
Presented as a poster at British Burns Association Conference, Swansea, April 2018

- **INCONCLUSIVE COCHRANE REVIEWS FOR BURNS: WHO IS COMMITTED TO IMPROVE THE AVAILABLE EVIDENCE?**  
Presented as a poster at British Burns Association Conference, Swansea, April 2018
- **DAY/NIGHT INJURY HAS NO EFFECT ON HEALING TIME**  
Presented as a poster at British Burns Association Conference, Swansea, April 2018
- **A MULTICENTRE PILOT RANDOMISED CONTROLLED TRIAL OF PRESSURE GARMENT THERAPY FOR THE PREVENTION OF ABNORMAL SCARRING AFTER BURN INJURY IN ADULTS AND CHILDREN (PEGASUS)**  
Presented as a poster at British Burns Association Conference, Swansea, April 2018
- **PATIENT INVOLVED CARE IN THE MANAGEMENT OF BURNS DRESSINGS**  
Presented as a poster at British Burns Association Conference, Swansea, April 2018
- **AN ASSESSMENT OF HISTOLOGICAL MARGINS AND RECURRENCE OF CUTANEOUS SCC**  
Presented at BAPRAS meeting, London, November 2018
- **2 STRAND VERSUS 4 STRAND FLEXOR TENDON REPAIR: IS LESS MORE?**  
Presented at Doctors Updates, Val D'Isere, January 2019
- **EFFECT OF HUMAN FACTORS ON OPERATION NOTE DOCUMENTATION ACCURACY IN PLASTIC SURGERY: A TRAINEE PERSPECTIVE**  
Presented at ASiT meeting, Birmingham, June 2020
- **MANAGEMENT OF OVERGRANULATION TISSUE, A NATIONAL SURVEY OF UK PLASTIC SURGERY UNITS**  
Presented at ASiT meeting, Birmingham, June 2020
- **PROGRESSION OF pH IN WOUNDS**  
Presented at BAPRAS, virtual, December 2020
- **THE RECONSTRUCTIVE JOURNEY: DESCRIPTION OF THE BREAST RECONSTRUCTION PATHWAY IN A HIGH-VOLUME UK-BASED MICROSURGICAL CENTRE**  
Presented at BAPRAS, virtual, December 2020
- **LOCAL ANAESTHETIC in ENZYMATIC DEBRIDEMENT OF CUTANEOUS BURNS: A PROSPECTIVE ANALYSIS OF 27 PATIENTS**  
Presented at ISBI, virtual, June 2021
- **ENZYMATIC DEBRIDEMENT OF BURNS AND BLOOD TRANSFUSION NEEDS**  
ISBI, virtual, June 2021
- **E-CIGARETTES BATTERY RELATED BURNS: APPROACH TO MANAGEMENT AND ENZYMATIC DEBRIDEMENT**  
Presented at ISBI, virtual, June 2021
- **STREAMLINING ADMISSION PROCESSES ON BURNS IN THE ERA OF ELECTRONIC PATIENTS RECORDS**  
Presented at ISBI, virtual, June 2021
- **RESUSCITATION BURNS AND SOCIOECONOMIC GROUPS**  
Presented at ISBI, virtual, June 2021

- **DERMAL REPLACEMENT FOR FULL THICKNESS WOUNDS WITHOUT SKIN GRAFTING - AN EMERGING CONCEPT**  
Presented at ISBI, virtual, June 2021
- **DERMAL REPLACEMENT FOR FULL THICKNESS WOUNDS WITHOUT SKIN GRAFTING - AN EMERGING CONCEPT**  
BAD June 2021
- **LOCAL ANAESTHETIC TOXICITY: TRAINEES' AWARENESS OF TREATMENT AND SAFE DOSES**  
RCSEd 20<sup>th</sup> Annual QI and Audit Symposium, March 2022 Prize winner
- **EARLY RESULTS AND INITIAL EXPERIENCE OF RECONSTRUCTING DEFECTS WITH NOVOSORB® BIODEGRADABLE TEMPORISING MATRIX: A UK CASE SERIES**  
Bristol BBA, May 2022 Prize winner
- **DEVELOPMENT OF A TREATMENT PATHWAY FOR ENZYMATIC DEBRIDEMENT IN CUTANEOUS BURNS: A SINGLE CENTRE EXPERIENCE**  
Bristol BBA, May 2022
- **MAKING BURNS A TEAM GAME (POSTER)**  
Bristol BBA, May 2022
- **THE USE OF A BIODEGRADABLE TEMPORISING MATRIX NOVOSORB IN A CHILD WITHOUT THE NEED FOR SUBSEQUENT GRAFTING: A CASE REPORT (POSTER)**  
Bristol BBA, May 2022
- **COMPARING ENZYMATIC DEBRIDEMENT WITH SURGICAL EXCISION - IS THERE A CASE FOR CHANGE? (POSTER)**  
Bristol BBA, May 2022
- **DEVELOPING A BURN SPECIFIC PRE-OPERATIVE CHECKLIST (POSTER)**  
Bristol BBA, May 2022
- **PREOPERATIVE VENOUS PATHOLOGY SCREENING IN LOWER LIMB RECONSTRUCTION: A SYSTEMATIC REVIEW**  
PLASTA Summer congress, July 2022
- **PICTURE THIS! UTILISING PREOPERATIVE PHOTOGRAPHY IN SKIN CANCER SURGERY**  
PLASTA Summer congress, July 2022
- **OFF THE SHELF TENDON RECONSTRUCTION: ROLE OF TENDON ALLOGRAFTS - A SCOPING REVIEW (POSTER)**  
BSSH Winchester, October 2022
- **NEXOBRID APPLICATION AS A DAY CASE PROCEDURE: A SINGLE UNIT EXPERIENCE BEFORE AND DURING COVID-19 PANDEMIC**

BBA Dublin, June 2023

- **A REVIEW OF MINOR BURN INJURY MANAGEMENT BY COMMUNITY PHARMACIES IN SOUTH EAST ENGLAND**  
BBA Dublin, June 2023
- **ENZYMATIC DEBRIDEMENT OF DEEP FACIAL BURNS WITH NEXOBRID™: THE QUEEN VICTORIA HOSPITAL EXPERIENCE**  
BBA Dublin, June 2023

## Invited Lectures

- **MANAGING A BURNS SERVICE**  
Stoke Mandeville Burns Course 2007
- **THE EAST GRINSTEAD BURNS EXPERIENCE**  
Royal Society of Medicine, Section of Plastic Surgery, March 2007
- **PLASTIC SURGERY AS A CAREER CHOICE**  
Undergraduate Surgery Conference, Royal College of Surgeons 2008
- **BURNS UPDATE**  
Plastic Surgery Update, Val d'Isere, March 2010
- **MODERN BURNS TREATMENT**  
Oral Surgery Club of Great Britain Meeting, East Grinstead, October 2010
- **PLASTIC SURGERY AS A SPECIALIST CHOICE**  
Brighton & Sussex Medical School Careers Evening, Brighton, May 2012
- **BURNS FOR ANAESTHETISTS**  
South East Regional Anaesthetic Teaching Programme, East Grinstead, July 2012
- **McINDOE AND MODERN PLASTIC SURGERY**  
Plastics Viscera Meeting, Brighton & Sussex Medical School, July 2012
- **BURNS AND BIOCHEMISTRY**  
Biochemistry teaching programme, Royal Sussex County Hospital, November 2012
- **BURNS NETWORKS**  
Plastic Surgery Update, Val d'Isere, February 2013
- **PINNAPLASTY: A NEW TECHNIQUE**  
Plastic Surgery Update, Val d'Isere, February 2013
- **TELEMEDICINE: DEVELOPING A NEW TECHNOLOGY FOR PATIENT BENEFIT**  
Plastic & Reconstructive Surgery Services Meeting, September 2013
- **21<sup>st</sup> CENTURY BURNS TREATMENT**  
CCR Expo, Olympia, October 2013
- **PLASTIC SURGERY FOR NON PLASTIC SURGEONS**  
Brighton Trauma Conference, Brighton, November 2013
- **ABDOMINOPLASTY: NHS vs PRIVATE SECTOR RESULTS**  
Plastic Surgery Update, Val d'Isere, January 2014
- **TELEMEDICINE: TIME FOR A NATIONAL SYSTEM FOR PLASTIC SURGERY**  
Plastic Surgery Update, Val d'Isere, January 2014
- **PRINCIPLES OF BURNS REHABILITATION**  
BAPRAS Advanced Educational Course on Burns, Manchester, March 2015

- **NASAL RECONSTRUCTION IN BURNS**  
Pan Thames Regional Teaching Day, Queen Victoria Hospital, June 2015
- **REBUILDING PATIENTS, HOPES AND DESPAIR FROM THE FRONTLINE**  
Brighton Centre for Regenerative Medicine Annual Meeting, Brighton, July 2015
- **EVIDENCE IN BURNS CARE**  
MSc Course, Barts & The Royal London Hospital, June 2016
- **TIMING OF SURGERY IN BURNS**  
MSc Course, Barts & The Royal London Hospital, June 2016
- **LEG WOUNDS AND INFECTION**  
WIRE conference, Maidstone, October 2016
- **A NEW APPROACH TO BURNS (ENZYMATIC DEBRIDEMENT)**  
Plastic Surgery Update, Val D'Isere, February 2017
- **EVIDENCE BASED TREATMENT OF BURNS INFECTION**  
British Burns Association Conference, London, May 2017
- **PLASTIC SURGERY & BURNS AT QUEEN VICTORIA HOSPITAL**  
Sroptomists Meeting, East Grinstead, December 2017
- **EVIDENCE BASED PLASTIC SURGERY**  
Plastic Surgery Update, Val D'Isere, January 2018
- **UK RESPONSE TO BURNS MASS CASUALTY**  
Clinical Overview of Burn Injury Management Conference, London, February 2018
- **KIWIS, GUINEA PIGS, PINEAPPLES AND HOPE - 21<sup>st</sup> CENTURY BURNS TREATMENT**  
Guinea Pigs Records Event, Meridian Hall, East Grinstead, April 2018
- **COSMETIC SURGERY**  
The KCL PRASS National Student Plastic Surgery Conference, London, October 2018
- **SQUAUMOUS CELL CARCINOMA RECURRENCE AFTER COMPLETE EXCISION. CAN WE DO BETTER?**  
Plastic Surgery Update, Val D'Isere, January 2019
- **APPROACHES TO BURNS SCAR CONTRACTURE**  
Burns Surgery, Reconstruction & Aesthetics Conference, London February 2019
- **BURNS - A BRIEF GUIDE**  
The KCL PRASS National Student Plastic Surgery Conference, London, October 2020
- **UPDATE ON ENZYMATIC DEBRIDEMENT IN BURNS**  
Plastic surgery Update, Val D'Isere, January 2020
- **ACUTE BURNS**  
PLASTA Webinar series, September 2020
- **BURNS RECONSTRUCTION**

PLASTA Webinar series, September 2020

- **BURNS AND WOUND MANAGEMENT**  
Kings College London PRASS, November 2020
- **BODY DYSMORPHIC DISORDER AND PLASTIC SURGERY**  
Kings College London, PsychSoc, March 2021
- **HISTORY OF PLASTIC SURGERY**  
Imperial Medical School Plastic Surgery Society, April 2021
- **BURNS RECONSTRUCTION**  
Cambridge University Plastic Surgery Society, April 2021
- **PRINCIPLES OF PLASTIC SURGERY**  
Regional surgery training, Kent, Surrey, Sussex Deanery, April 2021
- **PLASTIC SURGERY AND SOCIAL MEDIA**  
Barts & London PRASS, May 2021
- **BURNS RECONSTRUCTION**  
Imperial Medical School Plastic Surgery Society, January 2022
- **ADVANCES IN BURNS**  
East Grinstead Museum, January 2022
- **NEXOBRID**  
University of East Anglia, Course on Burns, May 2022
- **BURNS**  
University of Canterbury, Paramedics course, June 2022
- **PSYCHOLOGICAL ASPECTS OF PLASTIC SURGERY**  
Royal Society of Medicine, GP section, September 2022
- **INVITED SPEAKER ON DERMAL REPLACEMENTS**  
Plastic surgery Update, Val D'Isere, January 2023
- **BURNS AS A CAREER**  
Kings College London PRASS, April 2023



# Book Chapters

- **CHALLENGING CONCEPTS IN EMERGENCY MEDICINE**  
**Chapter 4: Facial Burns & Inhalation Injury**  
Bootland D, Dheansa B  
Oxford University Press 2015
- **CHALLENGING CONCEPTS IN EMERGENCY MEDICINE**  
**Chapter 11: Pretibial Laceration**  
Bhandeeri N, Dheansa B  
Oxford University Press 2015
- **AESTHETIC PLASTIC SURGERY OF THE ABDOMEN**  
**Chapter 44: Comparison of Short term Outcomes between NHS and Private Sector Abdominoplasty Surgery**  
Weir A, Page P, Dheansa B  
Springer International Publishing 2016
- **BURN SCAR CONTRACTURES AND THEIR MANAGEMENT**  
Walsh K, Nikkhah D, Dheansa B  
Plastic and Reconstructive Surgery, Researchgate.com 2018
- **BURNS**  
**Chapter 31: Outpatient management of minor burns**  
Mabvuure NT, Yip C, Dheansa B  
Oxford University Press 2019
- **BURNS**  
**Chapter 37: Nutritional requirements in burn patients**  
Mabvuure NT, Dheansa B  
Oxford University Press 2019

## Abstracts

- **PATHOLOGY OF PRIMARY MELANOMA ASSOCIATED WITH POSITIVE SENTINEL LYMPH NODE BIOPSY**  
G B Evans, B Dheansa, B W E M Powell, M G Cook  
Melanoma 99, Brighton, September 1999
  - **SENTINEL NODE BIOPSY FOR HEAD AND NECK MELANOMA**  
B Dheansa, R Allen, M G Cook, B W E M Powell  
BAHNO, Royal College of Physicians, April 2000  
Clinical Oncology volume 12 (4) pages 260-269 May 2000
  - **QUANTIFIED POWER DOPPLER ULTRASOUND IN THE DETECTION OF SENTINEL LYMPH NODES**  
F. G. Fuechsel, B. Dheansa, J. M. Thomas, B. W. Powell, R. A. Allan, R. Adler, E. C. Moskovic, J. C. Bamber, D. Bell, P. Harris, D. O. Cosgrove  
Radiological Society of North America 86<sup>th</sup> Annual Meeting, Chicago, November 2000
  - **MORBIDITY ASSOCIATED WITH SENTINEL LYMPH NODE BIOPSIES**  
S. Shankar, P. Mortimer, B. Dheansa, B. Powell  
British Association of Dermatologists 81<sup>st</sup> Annual Meeting, Cardiff, July 2001
  - **MANAGEMENT OF OVERGRANULATION TISSUE, A NATIONAL SURVEY OF UK PLASTIC SURGERY UNITS**  
Spencer H, Sepehripour S, Dheansa B  
British Journal Of Surgery 2020 Jun 1 (Vol. 107, pp. 144-145)
  - **EFFECT OF HUMAN FACTORS ON OPERATION NOTE DOCUMENTATION ACCURACY IN PLASTIC SURGERY: A TRAINEE PERSPECTIVE**  
Khoury A, Giwa L, Dheansa B  
British Journal Of Surgery 2020 Jun 1 (Vol. 107, pp. 101-101)
- .. 111 RIVER ST, HOBOKEN 07030-5774, NJ USA: WILEY.
- **REPLACING THE NEED FOR SKIN GRAFTING IN SMALL SURGICAL EXCISION WOUNDS**  
Hook L, Barnes D, Sullivan J, Reid A, Tousis R, Morgan C, Belgi A, Booth S, Dheansa B  
British Journal Of Dermatology 2021 Jul 1 (Vol. 185, pp. 108-108).

## Teaching, Training & Assessment

I teach burns and plastic surgery to a wide variety of groups from specialist trainees in plastic surgery to general healthcare staff. I teach on ward rounds, in theatre, in tutorials, lectures and more recently by video conference. I also visit regional A&E departments to teach burns. I have the Certificate in Teaching with the KSS deanery and a similar qualification in Junior Doctor assessment.

More recently I have been invited to lecture on specialist courses in burns and plastic surgery while also providing education on burns for the specialist nursing module on plastic surgery.

I have developed competency assessment tools for the plastic surgery department and for burns which have been the basis for the hospital's CNST standards.

I was also responsible for setting up a mentor system for all the juniors within the department.

I am an Assigned Educational Supervisor for Plastic Surgery Trainees in addition to my regular clinical supervisory roles. I regularly teach advanced topics in plastics surgery and burns locally, regionally and nationally.

As an advocate of the high quality training provided in the UK I help maintain these standards in trainees by being an examiner for the specialist FRCS (Plast) examination. In addition I am the Lead of the Oral Question Writing Group for the exam.

I am a regular contributor to the well received Burns & Trauma Course for A&E staff and developed a tailored teaching programme for A&E staff specifically for burns to improve care and referrals.

I am an advocate for advancing nursing education and have supported and developed specialist teaching for staff within Queen Victoria Hospital. Other projects have led to developing sharp debridement skills for burns nurses and nurse led enzymatic debridement in burns. This latter project has been recognised as innovative and impactful on a national level.

I am a supervisor for many medical students who choose to spend their electives or SSCs at The Queen Victoria Hospital. I have also led a successful Year 1 medical student attachment for Brighton & Sussex Medical School as well as providing burns teaching to Year 4 students.

I am also involved in the managerial side of teaching and sit on the Local Faculty Group. I was the plastic surgery representative providing input to the trauma training group of the KSS deanery and also involved in the development of training in plastics through the deanery.

My teaching and research activity has been recognised by the Brighton & Sussex Medical School in the award of an Honorary Senior Lecturer position.

## Management

My role of Clinical Director for Trauma & Burns in Plastic Surgery ensured that I covered all aspects of managerial and leadership activity. In particular I have gained much from organising a large team of my peers, developing new services, shaping the strategic direction of the organisation and ensuring that the views and opinions of the plastic surgery team were received appropriately by senior management.

This role was mirrored in my status as Chairman of Trustees of the Blond McIndoe Research Foundation where I, with our Chief Executive, expanded and developed the charity into a productive research institution. Funding trebled over a 4 year period.

My responsibilities as Lead for Burns covered managing the multidisciplinary team, overseeing the service delivery within the Burns Centre, developing new services and co-ordinating research within the department and clinical risk. Examples of service development include consultant led outreach, increasing psychological support, nurse led clinics and MDT ward rounds. Further innovations and developments included a burns quality profile including a governance database and wifi based ward rounds. I also augmented the service with funding that was successfully acquired from the Burns network to purchase extra equipment, refurbish Peanut ward, redevelop two burns rehabilitation beds and wifi infrastructure. I worked closely with the Burns Ward Manager, Director of Critical Care and the Director of Operations.

I created a Burns Management Group to ensure that there was better linkage between Burns clinicians and management and therefore better service delivery. I increased burns theatre sessions and instituted multi-disciplinary clinics for paediatric and adult burns patients. I created a third burns consultant post which was filled with an army consultant thereby increasing links with the military medical services. A fourth consultant was appointed to increase both burns support and trauma provision at Brighton as it becomes a Major Trauma Centre. After the retirement of one of the consultants I was able to negotiate further links with Brighton trauma and dermatology in his replacement to ensure an ongoing strategic process linking Queen Victoria Hospital with the Brighton Hospitals trauma service.

As the NHS changes I have worked closely with Trust management to start the process of service reconfiguration to ensure that the expertise that has developed at QVH continues to be available throughout the region while also achieving the specifications demanded of specialist services.

Over the last 9 years I have supported the orthopaedic team at Brighton in cases requiring soft tissue cover to support its status as a Major Trauma Centre. This has led to the joint appointment of two Consultant Plastic Surgeons highlighting the benefits of collaborative working. More recently we have appointed a further 3 consultants which should lead to the establishment of a full separate on call service at Brighton and the development of a microsurgical service to manage all leg trauma patients on site. My original plan of creating a [QVH@Brighton](mailto:QVH@Brighton) service has come to fruition.

This will also potentially lead to a burns service move to Brighton which was the next part of this plan to ensure that the service has the appropriate infrastructure and support to serve its population.

More recently I have worked with clinicians at King's College Hospital and the South East London Kent & Medway Trauma team to ensure that QVH can support the management of leg trauma patients in Kent. This has resulted in expanding my input to Tunbridge Wells Hospital to support the orthopaedic and surgical teams. I hope to expand the QVH@ concept to this hospital too. Integrating plastic surgery with other specialties provides a region wide model of support that is different to the standard models of super specialist care or district general hospital care.

I am one of the consultants charged with junior doctor recruitment. This was initially on a local level but I am now part of the national process. Recruitment and recognition of the demands of upcoming trainees is also essential for the development of training programmes and marrying this to service delivery.

I am a member of the Telemedicine Working Group and have presented the Trust's experience to the Parliamentary Health Select Committee. This technology has now been developed further and I am part of the development team that has made telemedicine web

based. We have now implemented telemedicine across the whole of the South East Burns Network. The same technology has also been introduced to the South East Coast Ambulance Trust to allow transfer of images to the hospital directly from incident sites. More recently I have tried to raise funds for a smartphone based app to make use of telemedicine even easier but data safe.

As part of the BAPRAS Innovation group I was involved in encouraging plastic surgeons to develop new techniques and approaches to help provide novel solutions to health care issues. I am currently one of a team of people developing an application to improve medical information and communication with patients.

My interest in burns has led me to be involved in burns management on a regional and national level. I have been a member of the SE Burns Operational Delivery Network, South West London Burns Cluster Group, Burns Clinical Reference Group and have been Chairman of the SE Burns Group (Clinical). My involvement in the development of national burns service specifications and burns development strategies is one of the ways I wish to ensure patient care is delivered to the highest level within a resource restricted environment. My recent Chairmanship of the ODN oversaw the introduction of two new services into the burns network. This required a significant amount of planning, negotiation and support to enact during a time of stress for the NHS. I am also involved in the development of a national plan for burns major disasters and have been involved in testing plans to ensure that the burns services can produce a cohesive response.

More recently, retirement of one of my colleagues highlighted a lack of appropriate care for those with vascular anomalies. I have therefore taken on this role but endeavoured to enhance the service by developing links with other specialist services in London and also establishing a joint clinic with paediatric surgeons in Brighton. I have also instituted a dedicated scar clinic with the development of a dedicated therapist who can inject scars.

My experience with enzymatic debridement of burns has led to my involvement in a European Consensus Group to establish safe and appropriate use of bromelain based agents across the international community taking into account variations in healthcare systems and medical approaches in different countries.

More recently I have represented the Queen Victoria Hospital staff group as a Staff Governor. I began my tenure during a very challenging time for the Trust having just got through the COVID pressures while also considering a merger with a much larger trust. Navigating the complexity of politics, regulations and providing a representative view for the staff required very different approaches and skills. Having completed my tenure I feel that I had a very positive impact on the future direction of the hospital and also generated a better relationship with my fellow staff.

The Trust has awarded me Clinical Excellence points in recognition of my contribution to the hospital and the wider healthcare system.

## **Audit**

In my current post I am involved in the ongoing audit of burns admissions, complications and deaths. There is a particular emphasis paid to analysis of practice and improvement of care delivery. This is an essential part of the governance process and in this regard I ensure there are regular governance meetings to look at all aspects of the burns service.

Other recent audits I have supervised include: patient weight and safe local anaesthetic doses and correct calculation of anaesthetic doses, abdominoplasty, pinnoplasty, skin graft take, blood use in burns surgery, audit of audits, repeat self injury in burns, two versus four strand flexor tendon repair and steroid use for hypertrophic scars. Further audits have looked at breast reconstruction recovery, skin cancer margins & recurrence and long term

survival in elderly burns. I have developed a rolling programme of performance indicators for the burns service to ensure quality of care delivery is kept to a high standard. These include burns healing time, theatre time for burns and functional assessment of burns patients.

## **Private Practice**

In addition to my NHS practice I have admitting rights to the following private hospitals: McIndoe Centre and Spire Gatwick Park Hospital. The scope of my practice covers all aspects of Cosmetic Surgery as well as those sub-specialties I cover in the NHS. I have over 20 years of experience in the fields of cosmetic breast surgery, body remodelling (including abdominoplasty, liposuction, post massive weight loss), facelift, rhinoplasty, scar revision, skin cancer, burn reconstruction. I have also undertaken charitable works in my private practice. I have Cosmetic Surgery Certification from the Royal College of Surgeons.

## **Medicolegal**

My practice involves preparation of medical reports for civil and criminal proceedings in the fields of burns, scarring and plastic surgery. I have prepared over 100 reports with the majority pursuing claims for personal injury. I have attended courses in professional report writing and have over 20 years experience in this field.

I have acted as an expert witness in court as well as a professional witness in those cases where I have been involved in care. I have attended court for criminal and family cases.

## **Interests**

I am married with two children and enjoy time with my family. I keep fit through running and try to ski as often as possible. I continue in my efforts to try and master golf and playing the guitar.