

**Baljit Dheansa FRCS MSc FRCS(Plast)**  
**Consultant Plastic, Cosmetic & Reconstructive Surgeon**

Patient:	Procedure: <b>Abdominoplasty</b>	On Date:
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**RISKS / COMPLICATIONS (rare or unusual complications can occur and may not be listed)**

**General**

Allergic reactions to any drugs, antiseptics or equipment used	Dehiscence – wound opening up – may require prolonged dressings
Asymmetry (this may be better or worse than pre-operatively)	Skin loss/necrosis – may require prolonged dressings or surgery including skin grafts
Bleeding – may require further procedure	Swelling, Inflammation – may take months to resolve
Bruising – may take weeks to resolve	Slow healing
Haematoma (collection of blood under skin) – may require further procedure	Poor scarring – Keloid, Hypertrophic, unsightly – may be difficult to treat or improve
Infection – may require antibiotics or surgery or may cause tissue loss	Numbness around or beyond the area treated – may increase risk of inadvertent injury in future
Pain – may be long term	Pulmonary Embolus or Deep Vein Thrombosis – clots in the lung or legs
Changes in contour of tissues – may be visually apparent	Change over time – tissues may become thinner, droop or lose the effect of surgery

**Specific to: Abdominoplasty**

Seroma – fluid under the skin which may require drainage or surgery	Loss of the belly button – may require prolonged dressings or surgery
Dog ears – fullness of skin at each end of scar – may require surgery	Change in shape or position of the belly button – may not be symmetric – may be difficult to change
Tethering or dimpling of the skin – may affect final appearance	Not all tissues may be fully addressed – flanks especially
Loss of effect with time or weight change	Visible scarring and extra scarring may be required such as an additional vertical scar
Stretch marks will remain	Hernia repairs may not be successful
Contour changes or shape change that is not expected – may be as a result of tissue excision and reshaping	Weight gain after surgery may lead to change in shape, weight loss or subsequent liposuction may lead to loose skin
Damage to deeper structures including the gut, nerves, blood vessels – may require surgery – can be very serious	Fat necrosis – inflammation or damage of the fat under the skin leading to prolonged discharge – may require prolonged dressings or surgery
Urinary retention – may need catheter	Disappointment with the final appearance

Mr Baljit Dheansa has discussed the above risks and complications with me. I understand these. I have read Mr Dheansa's abdominoplasty information leaflet  **(Please Tick)**. I also understand other risks and complications can occur but may be less common as the practice of medicine and surgery is not an exact science. I understand the risks, benefits and limitations of the proposed procedure. Certain complications may affect my ability to work, socialise or do certain activities. This may sometimes be long term.

I permit the use of my non-identifiable photographs (pre-and post-operative) to be used for teaching, publication and to be shown to other patients. I can withdraw this permission at any time.

Patient Signature:

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Patient Name:

Date:

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**ADDITIONAL NOTES OR COMMENTS:**

