

Baljit Dheansa FRCS MSc FRCS(Plast)
Consultant Plastic, Cosmetic & Reconstructive Surgeon

Patient:	Procedure: Brachioplasty	On Date:
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RISKS / COMPLICATIONS (rare or unusual complications can occur and may not be listed)

General

Allergic reactions to any drugs, antiseptics or equipment used	Dehiscence – wound opening up – may require prolonged dressings
Asymmetry (this may be better or worse than pre-operatively)	Skin loss/necrosis – may require prolonged dressings or surgery including skin grafts
Bleeding – may require further procedure	Swelling, Inflammation – may take months to resolve
Bruising – may take weeks to resolve	Slow healing
Haematoma (collection of blood under skin) – may require further procedure	Poor scarring – Keloid, Hypertrophic, unsightly – may be difficult to treat or improve
Infection – may require antibiotics or surgery or may cause tissue loss	Numbness around or beyond the area treated – may increase risk of inadvertent injury in future
Pain – may be long term	Pulmonary Embolus or Deep Vein Thrombosis – clots in the lung or legs
Changes in contour of tissues – may be visually apparent	Change over time – tissues may become thinner, droop or lose the effect of surgery

Specific to: Brachioplasty

Nerve damage around area treated and beyond it including the hand and forearm – may be permanent	Lymphoedema/long term swelling – may not resolve and may require long term management
Neuroma formation from cut nerves causing pain and sensitivity – may be difficult to treat	Persistent leak of lymph – more common if surgery in armpit – may take a long time to resolve
Visibility of scars may affect clothing or confidence	Scar position may not be as ideal or in the position desired – difficult to resolve
Over excision of tissues – may result in disparity between arm and forearm	Under excision of tissues – may require further surgery
Scar contractures – may restrict movement, cause discomfort. More likely across joints	Dog ears – may result in requiring longer, more visible scars if treated
Change of tissues and result over time	Change over time, with weight change or pregnancy
Loose tissue may remain	Disappointment with final appearance

Mr Baljit Dheansa has discussed the above risks and complications with me. I understand these. I have read Mr Dheansa's Brachioplasty information leaflet **(Please Tick)**. I also understand other risks and complications can occur but may be less common as the practice of medicine and surgery is not an exact science. I understand the risks, benefits and limitations of the proposed procedure. Certain complications may affect my ability to work, socialise or do certain activities. This may sometimes be long term.

I permit the use of my non-identifiable photographs (pre-and post-operative) to be used for teaching, publication and to be shown to other patients. I can withdraw this permission at any time.

Patient Signature:

Patient Name:

Date:

Mr BS DHEANSA FRCS MSc FRCS(Plast)
Consultant Plastic, Reconstructive & Cosmetic Surgeon

Telephone: 01342 330 383 Facsimile: 01342 330 301
Email: enquiry@my-plastic-surgeon.co.uk Website: www.my-plastic-surgeon.co.uk

Registered Office: c/o Sandison Easson & Co., Rex Buildings, Alderley Road, Wilmslow SK9 1HY
Company Number: 10347754 – Registered in England and Wales

ADDITIONAL NOTES OR COMMENTS:

