

Baljit Dheansa FRCS MSc FRCS(Plast)
Consultant Plastic, Cosmetic & Reconstructive Surgeon

Patient:	Procedure: Gynaecomastia	On Date:
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RISKS / COMPLICATIONS (rare or unusual complications can occur and may not be listed)

General

Allergic reactions to any drugs, antiseptics or equipment used	Dehiscence – wound opening up – may require prolonged dressings
Asymmetry (this may be better or worse than pre-operatively)	Skin loss/necrosis – may require prolonged dressings or surgery including skin grafts
Bleeding – may require further procedure	Swelling, Inflammation – may take months to resolve
Bruising – may take weeks to resolve	Slow healing
Haematoma (collection of blood under skin) – may require further procedure	Poor scarring – Keloid, Hypertrophic, unsightly – may be difficult to treat or improve
Infection – may require antibiotics or surgery or may cause tissue loss	Numbness around or beyond the area treated – may increase risk of inadvertent injury in future
Pain – may be long term	Pulmonary Embolus or Deep Vein Thrombosis – clots in the lung or legs
Changes in contour of tissues – may be visually apparent	Change over time – tissues may become thinner, droop or lose the effect of surgery

Specific to: Gynaecomastia

Change in shape of areola – may not be round, may remain large, maybe become indented or parts of it may be less obvious	Scars that go round the whole areola may be rucked and may remain so
Dishing of the areola – inward position which may be difficult to treat	Scars may be visible especially if need to be extended.
Seroma – fluid collection	Residual lumpiness
Tethering or dimpling of the skin	Further scars around the chest if having liposuction
Incomplete removal, not enough removed	May require a second stage or further surgery
Over correction, too much removed	Disappointment with final result
Loss of effect over time or with weight gain	Stretch marks may remain
Loss of the nipple – partial or total – may be difficult to reconstruct	Skin may become loose afterward and not retract fully

Mr Baljit Dheansa has discussed the above risks and complications with me. I understand these. I have read Mr Dheansa's Gynaecomastia information leaflet **(Please Tick)**. I also understand other risks and complications can occur but may be less common as the practice of medicine and surgery is not an exact science. I understand the risks, benefits and limitations of the proposed procedure. Certain complications may affect my ability to work, socialise or do certain activities. This may sometimes be long term.

I permit the use of my non-identifiable photographs (pre-and post-operative) to be used for teaching, publication and to be shown to other patients. I can withdraw this permission at any time.

Patient Signature:

Patient Name:

Date:

Mr BS DHEANSA FRCS MSc FRCS(Plast)
Consultant Plastic, Reconstructive & Cosmetic Surgeon

Telephone: 01342 330 383 Facsimile: 01342 330 301

Email: enquiry@my-plastic-surgeon.co.uk Website: www.my-plastic-surgeon.co.uk

ADDITIONAL NOTES OR COMMENTS:

